

Ninon

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Music: Götz Alsmann CD: Zirkus available as CD or download
Rhythm/Phase: **Cha Cha Phase IV**
Footwork: **opposite except where indicated** (W footwork in parentheses)
Sequence: **Intro-A-B-B*-A-C-B-End**

Version: 1.0, July 2011

Intro

1-4 WAIT; WAIT; CIRCLE CHA;;
{Wait; Wait;} OP LOD wait 2 measures;;
{Circle Cha} Circ LF twd COH (W circ RF twd WALL) L, R, L/R, L;
Cont LF circ (W RF circ) twd ptr R, L, R/L, R to BFLY WALL;

Part A

1-4 BASIC;; SPOT TRN 2x;;
{Basic} In BFLY fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;
{Spot Trn} XLiF of R (bth XiF) commencing RF trn (W LF), rec R cont trn to fc ptr, sd LOD L/cl R, sd L to BFLY WALL;
{Spot Trn} XRiF of L (bth XiF) commencing LF trn (W RF), rec L cont trn to fc ptr, sd RLOD R/cl L, sd R to BFLY WALL;

5-8 BRK BK TO OP LOD; AIDA; SWITCH RK; SPOT TRN;
{Brk Bk to OP} Trng LF (W RF) to fc LOD rk bk RLOD L, rec R, fwd LOD L/lk RiB of L, fwd L;
{Aida} thru LOD R, sd L trn RF (W LF), bk LOD R/lk LiF of R (bth lk iF), bk R to in slight bk-to-bk pos;
{Switch Rk} Swvl LF (W RF) on R ft and rk sd LOD to BFLY WALL, rec R, cl L to R/sip R, sd L;
{Spot trn} Rpt meas 4 of A;

9-12 START CHASE-DOUBLE-PEEK-A-BOO;;;:
{Start Chase-double-peek-a-boo} Rk fwd twd WALL L and trn ½ RF to fc COH, rec R, fwd twd COH L/lk RiB of L, fwd L (W rk bk twd WALL R, rec L, fwd twd COH R/lk LiB of R, fwd R); Rk sd LOD R, rec L, cl R/sip L, sip R (W rk sd RLOD L, rec R, cl L/sip R, sip L); Rk sd RLOD L, rec R, cl L/sip R, sip L (W rk sd LOD R, rec L, cl R/sip L, sip R); Rk fwd twd COH R and trn ½ LF to fc WALL, rec L, fwd twd WALL R/lk LiB of R, fwd R (W rk fwd twd COH L trn ½ RF to fc WALL, rec R, fwd twd WALL L/lk RiB of L, fwd L);

13-16 FINISH CHASE-DOUBLE-PEEK-A-BOO;;;:
{Finish Chase-double-peek-a-boo} Rk sd LOD L, rec R, cl L/sip R, sip L (W rk sd RLOD R, rec L, cl R/sip L, sip R); Rk sd RLOD R, rec L, cl R/sip L, sip R (W rk sd LOD L, rec R, cl L/sip R, sip L); Rk fwd twd WALL L, rec R, bk L/lk RiF of L, bk L (W rk fwd twd WALL R trn ½ LF to fc COH, rec L, fwd twd COH R/lk LiB of R, fwd R); Bk R, rec L, fwd R/lk LiF of L, fwd R (W rk fwd twd COH L, rec R, bk twd WALL L/lk RiF L, bk L);

Part B

1-4 FENCE LINE; WHIP; SAND STEP 2x;;
{Fence Line} In BFLY WALL XLiF of R (bth XiF), rec R, sd LOD L/cl R, sd L;
{Whip} Bk R trng LF, rec L cont trn to fc COH, sd LOD R/cl L, sd R (W fwd L outsd M on his L sd, fwd R trn ½ LF to fc WALL, sd LOD L/cl R, sd L) to BFLY COH;
{Sand Step} In BFLY tch L toe to instep of R, tch L heel to the instep of R, XLiF of R (bth XiF) /sd R, XLiF of R (bth XiF);
{Sand Step} Tch R toe to instep of L, tch R heel to the instep of L, XRiF of L (bth XiF) /sd L, XRiF of L (bth XiF);

5-8 ½ BASIC; UNDERARM TURN; LARIAT;;
{½ Basic} In BFLY COH rk fwd L, rec R, sd L/cl R, sd L;
{Underarm Turn} XRiB of L raising jnd ld hnds, rec L, sip R/L, R (W XLiF of R trng ½ RF undr jnd ld hnds, rec R cont RF trn to fc M, sd LOD L/cl R, sd L to M's R sd) to end w/ ld hnds still jnd and ready to pass ovr M's hd w/ W to R of M;
{Lariat} Rk sd RLOD L, rec R, in place L/R, L (W circ RF around the Mfwd R, L, R/L, R);

Rk sd LOD R, rec L, in place R/L, R (W cont circ around M L, R, L/R, L) to BFLY COH;

9-12 FENCE LINE; WHIP; TIME STEP 2x;;

{**Fence Line**} In BFLY COH XLiF of R (bth XiF), rec R, sd RLOD L/cl R, sd L;
{**Whip**} Bk R trng LF, rec L cont trn to fc WALL, sd RLOD R/cl L, sd R (W fwd L outsd M on his L sd, fwd R trn 1/2 LF to fc COH, sd RLOD L/cl R, sd L) to BFLY WALL;
{**Time Step**} XLiB of R (bth XiB) while extending bth arms out to sds, rec R, sd LOD L/cl R, sd L;
{**Time Step**} XRiB of L (bth XiB) while extending bht arms out to sds, rec L, sd RLOD R/cl L, sd R;

13-16 ½ BASIC; SPOT TRN; HAND TO HAND 2x;;

{**½ Basic**} In BFLY WALL rk fwd L, rec R, sd L/cl R, sd L;
{**Spot Turn**} XRiF of L (bth XiF) trng ½ LF, rec L cont to trn to fc ptr, sd R/cl L, sd R;
{**Hand To Hand**} Swvl ¼ LF (W RF) on trl ft rk bk L to RLOD, rec R to fc, sd L/cl R, sd L to BFLY WALL;
{**Hand To Hand**} Swvl ¼ RF (W LF) on trl ft rk bk R to LOD, rec L to fc, sd R/cl L, sd R to BFLY WALL;

Part B (1-14)

Part A

Part C

1-4 ½ BASIC; WHIP INTO TRIPLE CHA BACK to LOD;; SLIDE THE DOOR;

{**½ Basic**} Rpt meas 13 of B
{**Whip Into Triple Cha Back to LOD**}[1, 2, 3&, 4;1&, 2, 3&, 4;] Bk R trng LF, rec L cont trn to fc COH (W fwd L outsd M on his L sd, fwd R trn ½ LF to fc WALL),
sd blending to V-POS step bk LOD R/lk LiF of R (bth LiF), bk R; trng upper body to R shldr lead bk L/lk RiF of L (bth LiF), bk L; trng upper body to L shldr lead bk R/lk LiF of R (bth LiF), bk R;
{**Slide the Door**} Rk apt L, rec R slide beh W XLiF of R releasing jnd hnds/sd R, XLiF of R (W rk apt R, rec L, slid in front of M XRiF of L/sd L, XRiF of L) to LOP RLOD;

5-8 SLIDE THE DOOR; CIRCLE CHA;; ½ BASIC;;

{**Slide the Door**} Rk apt R, rec L, slid beh W XRiF of L releasing jnd hnds/sd L, XRiF of L (W rk apt L, rec R, slide in front of M XLiF of R/sd R, XLiF of R) to OP RLOD;
{**Circle Cha**} Circ LF twd WALL (W circ RF twd COH) L, R, L/R, L; Cont LF circ (W RF circ) twd ptr R, L, R/L, R to BFLY COH;
{**½ Basic**} Rpt meas 5 of B;

9-12 WHIP INTO TRIPLE CHA BACK to RLOD;; SLIDE THE DOOR; SLIDE THE DOOR;

{**Whip into Triple Cha Back to RLOD**}[1, 2, 3&, 4;1&, 2, 3&, 4;] Bk R trng LF, rec L cont trn to fc WALL (W rk apt M on his L sd, fwd R trn 1/2 LF to fc COH),
sd blending to V-POS step bk RLOD R/lk LiF of R (bth LiF), bk R; trng upper body to R shldr lead bk L/lk RiF of L (bth LiF), bk L; trng upper body to L shldr lead bk R/lk LiF of R (bth LiF), bk R;
{**Slide the Door**} Rk apt L, rec R sld beh W XLiF of R releasing jnd hnds/sd R, XLiF of R (W rk apt R, rec L, sld in front of M XRiF of L/sd L, XRiF of L) to LOP LOD;
{**Slide the Door**} Rk apt R, rec L, sld beh W XRiF of L releasing jnd hnds/sd L, XRiF of L (W rk apt L, rec R, sld in front of M XLiF of R/sd R, XLiF of R) to OP LOD;

13-16 CIRCLE CHA;; SHOULDER TO SHOULDER 2x;;

{**Circle Cha**} Rpt meas 3 and 4 of Intro;;
{**Shldr To Shldr 2x**} Rk fwd (W bk) outsd W L, rec R, sd L/cl R, sd L;
rk fwd (W bk) outsd W R, rec L, sd R/cl L, sd R;

Part B

End

1-4 START CHASE-DOUBLE-PEEK-A-BOO;;;

{**Start Chase-double-peek-a-boo**} Rpt meas 9-16 of Part A;;;;

5-8 FINISH CHASE-DOUBLE-PEEK-A-BOO;; MOD THE END; POINT & ARMS UP;

{**Finish Chase-double-peek-a-boo modified**} Rk sd LOD L, rec R, cl L/sip R, sip L (W rk sd RLOD R, rec L, cl R/sip L, sip R); Rk sd RLOD R, rec L, cl R/sip L, sip R (W rk sd LOD L, rec R, cl L/sip R, sip L); Rk fwd twd WALL L, rec R, bk twd COH L/lk RiF of L, bk L (W rk fwd twd WALL R trn ½ LF to fc COH, rec L, fwd twd COH R/lk LiB of R, fwd R);
{**Point & Arms UP**} Point R foot down RLOD and point L arm high in the air and R arm to the sd;