

My Lucky Day

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Artist: DoReDoS
Music: Album: My Lucky Day - Single, 3:03, slow down 3% for comfort
Listen to full song on YouTube
<https://www.youtube.com/watch?app=desktop&v=pKLKeVC-9Y4>
Sample and buy from iTunes
<https://music.apple.com/us/album/my-lucky-day/1725651191?i=1725651192>
Rhythm: Cha Cha Cha
Phase: VI
Difficulty: Average
Sequence: Intro-A-B-C-Bdg1-D-Bdg2-A-B-C-Bdg1-D-End Version: 1.0, June 2024

Intro

0.5 **WAIT PICK UP NOTES ~**
{Wait ~ } BFLY WALL ld ft free wait 2 beats "yeah" ~

PART A

1-4 **FENCE IN 4; FENCE; FENCE IN 4; DOUBLE CUBAN;**
{Fence Line in 4} In BFLY WALL XLif (W XRif), rec R, sd L, sd R;
{Fence Line} XLif (W XRif), rec R, sd L/cl R, sd L;
{Fence Line in 4} XRif (W XLif), rec L, sd R, sd L;
{Double cuban break} XRif (W XLif)/rec L, sd R/rec L, XRif (W XLif)/rec L, sd R;

5-8 **CURL; TO CONTINUOUS NATURAL TOP:::**
{Curl} Fwd L, rec R raise ld hnds to ld W to trn LF under ld hnds, comm RF trn sd L/cl R, cl R
(W bk R, rec L, sm fwd R/cl L, sm fwd R swiveling $\frac{3}{4}$ LF) to CP RLOD;
{Cont nat top} Trng 2 $\frac{3}{4}$ RF over 3 measures XRib, sd L, XRib/sd L, XRib; sd L, XRib, sd L/XRib, sd L;
XRib, sd L, XRib/sd L, cl R (W sd L, XRif, sd L/XRif, sd L; fwd R swiv LF undr ld hnds, fwd L to CP, fwd
R/L, fwd R; fwd L, fwd R trn LF undr ld hnds, fwd L/fwd R, fwd L) to CP WALL;

PART B

1-4 **2 SIDE CLOSES; ADVANCED ALEMANA:: NEW YORKER IN 4;**
{2 sd closes} Sd L, cl R, sd L, cl R;
{Advanced Alemana} Fwd L, rec R, sd L trn 1/8 RF/cl R, sd L cont RF trn; XRib, cont trn RF to fc COH,
sd L, in place R/L, R (W bk R, rec L, sm sd R/L, R trn 1/8 RF and swiv 1/8 RF; cont RF trn undr jnd ld
hnds fwd L swiv $\frac{1}{2}$, cont RF trn fwd R swiv $\frac{1}{2}$, fwd L swiv $\frac{1}{4}$ to fc ptr/cl R, sd L) to CP COH;
{NY in 4} Trn RF (W LF) to LOP LOD rk fwd L, rec R trn LF (W RF) to BFLY COH, sd L, rec R;

5-8 **CHASE W/ UNDERARM PASS:: NEW YORKER IN 4; SPOT TURN IN 4;**
{Chase w/ underarm pass} Fwd L comm $\frac{1}{2}$ RF trn keep ld hnds jnd, cont trn rec fwd R, fwd L/cl R, fwd
L; bk R raise ld hnd to ld W trn LF, rec L, sm sd R/cl L, sd R (W bk R, rec L, fwd R/cl L, fwd R to M's L sd;
fwd L, fwd R trn $\frac{1}{2}$ LF undr jnd ld hnds to fc ptr, sm sd L/cl R, sd L) to BFLY WALL;
{NY in 4} Repeat Part B measure 4 but end BFLY WALL;
{Spot trn in 4} XLif (W XRif) comm RF trn (W LF), rec R cont trn to fc ptr, sd L, rec R to BFLY WALL;

PART C

1-4 **ALEMANA:: LARIAT (OPTIONAL ROPE SPIN); TO HANDSHAKE;**
{Alemana} Fwd L, rec R, sm sd L/cl R, sm sd L ld W to trn RF; bk R, rec L, sm sd R/cl L, sm sd R (W bk
R, rec L, sd R/cl L, sd R comm RF trn; cont RF trn fwd L, cont trn fwd R, sd L/cl R, sd L);
{Lariat*} Sd L, rec R, in plc L/R, L; sd R, rec L, in plc R/L, R (W arnd M in a full RF circ undr jnd ld hnds
fwd R, fwd L, fwd R/cl L, fwd R; fwd L, fwd R, fwd L/cl R, fwd L to fc ptr) to HNDSHK WALL;
*{for rope spin option} W add a RF spiral 7/8 on the & count at the end of measure 2 before the lariat

- 5-8 **CIRCULAR X-BODY 4 MEASURES TO SHADOW WALL:::**
{Circular x-body 4 meas} Fwd L, rec R trn ¼ LF, sd L/cl R, sd L (W bk R, rec L, fwd R/lk L, fwd R) to L POS M fc LOD W fc COH; rk bk R, rec L comm LF trn ld W x in frnt of M, cont LF trn to DRC in plc R/L, R (W fwd L, fwd R comm LF trn 1 1/8, comp LF trn L/R, L) to VARS DRC; rk fwd L, rec R trn 1/8 LF, sd L/cl R, sd L (W fwd R, fwd L rel L hnds trn RF ½, trn 1/8 RF sd R/cl L, sd & fwd R) to L POS M fc RLOD W fc WALL; rk bk R, rec L comm LF trn ld W x in frnt of M, cont LF trn to DRW in plc R/L, R (W fwd L, fwd R comm LF trn 1 1/8, comp LF trn L/R, L) to SHDW WALL;

BRIDGE 1

- 1 **BODY RIPPLE:**
{Body ripple} Bend knees & tilt torso by moving hips fwd then return into upright pos by straightening knees and pull hips bk to normal pos;

PART D

- 1-4 **ADVANCED SLIDING DOOR:: START ADVANCED SLIDING DOOR: W OUT TO FAN:**
{Advanced sliding door} Fwd L trn bdy 1/8 RF, rec R trn bdy 1/8 LF, small bk L/cl R, in plc L; lower into L knee w/ 1/8 LF bdy rotation while R ft slides to pt sd, rise & trn bdy 1/8 RF, in plc R/L, R (W bk R bdy rotation 1/8 RF, rec L w/ 1/8 LF bdy rotation, fwd & X R w/ 1/8 LF bdy rotation/cl L in latin X, small fwd R; sd & fwd L lower into knee, rec R, bk & X L w/ 1/8 RF bdy rotation/cl R w/ latin X, bk L);
{Start adv slid door} Repeat Part D measure 1;
{W out to fan} Bk R, rec L, sm sd R/cl L, sd R (W trn LF 1/8 fwd L, fwd R trn ½ LF, bk L/cl R, bk L) to FAN;
- 5-8 **HOCKEY STICK; TO HANDSHAKE; TURKISH TOWEL:::**
{Hockey stick} Fwd L, rec R, in plc L/R, L; bk R, rec L, fwd R/cl L, fwd & sd R (W cl R, fwd L, fwd R/cl L, fwd R; fwd L, fwd R trng LF to fc ptr, bk L/cl R, bk) to HNDSHK;
{Turkish Towel} Fwd L, rec R, cl L/in plc R, L; bk R, rec L, trn ¼ LF sd R/cl L, sd R (W bk R, rec L, fwd R/cl L, fwd R comm RF trn under ld hnds; cont RF trn fwd L, cont RF trn fwd R, fwd L/cl R, fwd L comp 1 ¼ trn) to M's VARS LOD;
- 9-12 **CONT TURKISH TOWEL::: W OUT TO FAN:**
{Cont Turkish Towel} Bk L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R; bk L, rec R, sd L/cl R, sd L (W fwd R, rec L, sd R/cl L, sd R to M's L VARS LOD; fwd L, rec R, sd L/cl R, sd L to M's VARS LOD; fwd R, rec L, sd R/cl L, sd R to M's L VARS LOD);
{W out to fan} Bk R, fwd L trn 1/8 RF in plc R/L, R (W fwd L, fwd R trn ½ LF, bk L/cl R, bk L) to FAN;
- 13-16 **PASSING FAN::; ALEMANA:::**
{Passing fan} Fwd L Xif of W, fwd R trng ½ LF to fc COH, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R (W cl R, fwd L, fwd R/cl L, fwd R; fwd L, fwd R trn ½ LF; bk L/cl R, bk L) to FAN M fc COH;
{Alemana} Fwd L, rec R, sm sd L/cl R, sd L ld W to trn RF; bk R, rec L, sd R/cl L, sd R (W cl R, fwd L, fwd R/cl L, fwd R trn 3/8 RF; fwd L to M's L sd trn ½ RF, fwd R, trn 3/8 RF sd L/cl R, sd L) to LOP FCG COH;

BRIDGE 2

- 1 **BODY RIPPLE TO BFLY:**
{Body ripple} Repeat Bridge 1 but fcg ptr;

Repeat Part A, B, C, BRIDGE 1, D fcg opp dir

END

- 1-4 **FENCE IN 4; FENCE; FENCE IN 4; DOUBLE CUBAN:**
5-8 **CURL; INTO CONTINUOUS NATURAL TOP:::**
Repeat Part A measures 1-8::: ;;;
- 9 **ROCK APART,**
{Rock apart} Rock apt L & hold,

Suggested Head Cues

Intro	BFLY WALL - wait pick up notes „yeah“ ~
A	fence in 4; fence; fence in 4; dbl cuban; curl to cont nat top;;;
B	2 sd cls; adv alem;; NY in 4; chase w/ u/a pass;; NY in 4; spt trn in 4;
C	alemana;; rope spin lariat; (HNDSHK); circular X body; 4 meas;; (SHDW WALL);
Brg1	body ripple;
D	adv slidg door;; start adv slidg door; W to fan; hockey stick; (HNDSHK); turkish towel;;; ; W out to fan - M fc WALL; passing fan - to M fc COH;; alemana;;
Brg2	body ripple;
A	fence in 4; fence; fence in 4; dbl cuban; curl to cont nat top;;;
B	2 sd cls; adv alem;; NY in 4; chase w/ u/a pass;; NY in 4; spt trn in 4;
C	alemana;; rope spin lariat; (HNDSHK); circular X body; 4 meas;; (SHDW COH);
Brg1	body ripple;
D	adv slidg door;; start adv slidg door; W to fan; hockey stick; (HNDSHK); turkish towel;;; ; W out to fan - M fc COH; passing fan - to M fc WALL;; alemana;;
End	fence in 4; fence; fence in 4; dbl cuban; curl to cont nat top;;; rk apt,